

Project SAFE Parent Group



Project SAFE (Sexual Abuse Family Education) is a treatment program for sexually abused youth and their nonoffending family members developed by the Family Interaction Skills Clinic at the University of Nebraska - Lincoln. Doctoral students in the Clinical Psychology Training Program serve as therapists for Project SAFE and are supervised by faculty who are licensed clinical psychologists. Project SAFE has provided treatment at the Child Advocacy Center for twenty years and offers education and support for families who want to learn effective strategies to help sexual abuse survivors build resilience.

Project SAFE is offering a parent group beginning in January 2020 for parents of children who attended daycares where there have been recent allegations of child abuse. This group will focus on education, coping, and developing strategies to support yourselves and your children.

Topics may include:

- Strategies for supporting children who have been abused or exposed to adverse events
- Healthy ways of managing emotional responses to these events
- How to discuss abuse and the investigation with your child
- Sexual behaviors and typical sexual development

We want to provide services that will best serve you. Please use the attached sheet to provide any questions or topics you would like us to address in these meetings.